## BANNATYNE COOKRIDGE HALL

## THE CONSERVATORY

## BREAKFAST

BREAKFAST SANDWICH
Bacon（ 512 kcal ）or sausage（ 572 kcal ）
on your choice of brown，white or gluten free bread．

TOASTED TEACAKE
Served with margarine and jam
（420kcal）
TOAST
White（445kcal）or brown（417kcal）
bread served with margarine and jam

## SOMETHING ON TOAST

White or brown toast with a choice of one topping：
Poached eggs（507kcal）
Beans（446kcal）
Cheese（397kcal）

## ADD EXTRA

Poached egg（100kcal）
Beans（130kcal）
Hash brown（126）kcal）
Sausage（100kcal）
Bacon（85kcal）

## MAINS

6 OZ BEEF BURGER

CHICKPEA，SWEET POTATO CURRY
Chickpeas，sweet potato，onions，
spinach，in a coconut sauce with
spices \＆garlic．Served with rice and naan bread（930kcal）

## CHICKEN MURGH MAKHANI

Marinated chicken in a tomato cream \＆butter sauce．Served with rice and a naan bread（1016kcal）
£ 8.45
$£ 8.45$
$£ 9.95$

## JACKET POTATO

£ 5.50
£ 3.00
$£ 3.00$
£ 5.50
JACKET POTATO WITH TUNA
Served with salad and coleslaw． （596kcal）
JACKET POTATO WITH BEANS
Served with salad and coleslaw． （515kcal）
JACKET POTATO WITH CHEESE
Served with salad and coleslaw． （643kcal）

## COLD SANDWICHES

CHEESE \＆TOMATO SANDWICH
Brown，white or gluten free bread served with salad and coleslaw （535kcal）
TUNA MAYO
Brown，white or gluten free bread
£ 0.50
£ 0.50
£ 0.50
£ 1.25
£ 1.45

8．
$£ 9.95$
£ 6.60
£ 6.60
£ 6.60

Adults need around 2000 Kcal a day


THE CONSERVATORY


## Members

$10 \%$ discount

<br>MUST BE 12 AND UNDER SERVED 9AM-5PM<br>\section*{LUNCH MENU} $£ 5.95$<br>ALL SERVED WITH A CORDIAL DRINK AND EITHER A BROWNIE (243KCAL) OR A PIECE OF FRUIT<br>FISH FINGERS WITH CHIPS AND BEANS<br>(764KCAL)<br>CHICKEN NUGGETS WITH CHIPS AND BEANS<br>(496KCAL)<br>SAUSAGE WITH CHIPS AND BEANS<br>(777KCAL)<br>MACARONI CHEESE<br>(251KCAL)<br>BREAKFAST MENU E3.95<br>1 POACHED OR SCRAMBLED EGG, 1 SLICE OF BROWN WHITE OR GLUTEN FREE BREAD<br>( 233 KCAL)<br>beAns on 1 SLICE OF BROWN WHITE OR GLUTEN FREE BREAD ( 177 KCAL )<br>CHEESE ON 1 SLICE OF BROWN WHITE OR GLUTEN FREE BREAD (198 KCAL)

